

D-18 Diabetes

NQS

QA. 2.1	Health.
QA. 2.1.1	Wellbeing and comfort.
QA. 2.1.2	Health practices and procedures.
QA. 2.2.1	Supervision.
QA. 2.2.2	Incident and emergency management.
QA. 3	Physical environment.
QA. 4.2.2	Professional standards.
QA. 6.1.1	Engagement with the service.
QA. 7.1.2	Management systems.
QA. 7.2.1	Continuous improvement.

National Regulations

Reg. 77	Health, hygiene and safe food practices
Reg. 90	Medical conditions policy
Reg. 91	Medical conditions policy to be provided to parents
Reg. 95	Procedure for administration of medication
Reg. 136	First aid qualifications
Reg. 145	Educator record
Reg. 162	Health information to be kept in enrolment record
Reg. 168	Education and care service must have policies and procedures

My Time, Our Place

LO. 1	Children feel safe, secure, and supported
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Policy Statement

We aim to provide safe and effective care for children diagnosed with diabetes by ensuring all Educators are fully aware of the individual needs of each child. All Educators will be appropriately trained in emergency first aid to ensure they are able to adequately administer medication and respond appropriately in a diabetes emergency.

Related Policies

- Normanhurst West OSHC Policy A-4: Enrolment
- Normanhurst West OSHC Policy A-10: Acceptance and Refusal of Authorisations
- Normanhurst West OSHC Policy C-3: Educator Orientation and Induction

- Normanhurst West OSHC Policy C-9: Relief Staff
- Normanhurst West OSHC Policy C-10: Volunteers/Students/Visitors
- Normanhurst West OSHC Policy D-1: Dealing with Medical Conditions
- Normanhurst West OSHC Policy D-2: Hygiene
- Normanhurst West OSHC Policy D-3: Food and Nutrition
- Normanhurst West OSHC Policy D-10: First Aid
- Normanhurst West OSHC Policy D-20: Medication

Procedure

Parents will be required to inform the Centre of any child diagnosed by a medical practitioner as having diabetes at the time of enrolment. This information is recorded online as part of the enrolment process. Any changes to a child's diabetes status must be informed to the centre as soon as it is known (including new diagnosis, or changes to a current diagnosis).

Parents are reminded of this requirement through the Family Handbook.

The Centre Coordinator will organise a meeting with the parents/guardians of the child to discuss the details of managing the child's condition during their time at the Centre.

Parents will be required to provide a copy of a diabetic emergency plan, as authorised by the medical practitioner (Regulation 90). Permission will be required from parents to have the diabetic emergency plan displayed in a location visible and accessible to Educators responsible for the child, through the Risk Minimisation and Communication Plan.

The following may need to be obtained from the parents before the child is able to attend the service, depending on the management strategies:

- Blood glucose testing kit, labelled clearly with the child's name
- Diabetic emergency plan, as authorised by medical practitioner
- Insulin Kit including Sharps disposable, replacement needles and replacement insulin cartridges

All medication will be stored in the Medication Cupboard or fridge, depending upon storage requirements. Both are areas easily accessible to educators (not locked away) but inaccessible to children and away from any direct heat source.

All blood glucose testing and emergency response in regards to a diabetic child, must be managed only by the Educator on duty trained in First Aid. Where the child is able and confident to test their Blood Glucose Levels independently, an area will be provided for them to do so. The child will be monitored and required to show the Educator that they have completed their test so as to keep them informed of their current levels.

All Educators, including relief Educators and volunteers, will be informed of the current enrolled children who have been diagnosed as diabetic upon employment. This information will be displayed

on the allergy listing for each session. It is the responsibility of all Educator to familiarise themselves with any children diagnosed.

In the event of a diabetic emergency occurring, Educators will follow the instructions on the child's diabetes emergency plan.

If the child requires any additional considerations with regards to toileting, meal times, food restrictions, physical activity etc., the parent/guardian must advise the Centre Director upon enrolment, or as soon as is relevant. It is the duty of the Centre Director to ensure this information is made available to the Educators responsible for the child.

Alternatives will be provided for any child diagnosed with diabetes at meal times, where needed .

Parents/guardians of children who have been diagnosed as diabetic must be provided with a copy of the Diabetes Policy (Regulation 91).

If relevant, policies and practices in relation to specific needs of individual children will be developed and implemented.

Any Educator who has been diagnosed as diabetic by a medical practitioner must advise the Centre Coordinator. This will be recorded in their Educator file.

Sources

- Education and Care Services National Regulations 2011
- National Quality Standard
- Children (Education and Care Services National Law Application) Act 2010
- Australian Children's Education and Care Quality Authority (ACECQA)
- United Nations Rights of the Child (Article 24)
- NSW Public Health Act 2010
- Disability discrimination Act – federal 1992
- NSW Anti-Discrimination Act 1977
- Work Health and Safety Act 2011
- My Time, Our Place: Framework for School Age Care in Australia 2011
- Diabetes NSW - <http://www.australiandiabetescouncil.com/>

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